

The Black & Gold (

of Sigma Nu Fraternity at Theta Kappa Chapter

Sigma Nu Fraternity

March 18, 2014 - Spring Mixers Edition

Georgia Southern University

THREE LOCAL AREA MIXERS FOR ALUMNI, COLLEGIATES & FRIENDS

ATLANTA AREA

Date: Sun., Mar. 30th
Time: 4:00 pm – 6:00 pm
Place: Hudson Grille
6317 Roswell Road NE
Sandy Springs, GA 30328

404-554-8282

Hosts:

Tom Harjung, ⊕K 248 Ed Hurst, ⊕K 280 Jim McBrayer, ⊕K 5

MACON AREA

Date: **Tue., Apr. 8**th
Time: **6:30 pm – 9:00 pm**Place: **Wild Wing Cafe**

The Shoppes at River Crossing

Macon, GA 31210 478-477-9453

Hosts:

Drew Palmer, Θ K 558 Wilkes Evans, Θ K 607 Bill Geddy, Θ K 219

SAVANNAH AREA

Date: **Wed., Apr. 16**th
Time: **6:30 pm – 9:00 pm**Place: **B&D Burgers**

209 W. Congress Street Savannah GA 31401

912-238-8315

Hosts:

Larry Sands, Θ K 325 Dick Yaun, Θ K 15 Tommy Howard, Θ K 49

For more information on local events go to: SigmaNuGSU.com/local-area-events or our events site on Facebook.

We are looking for suggestions on venues, additional hosts, dates/times, and whatever ideas you may have — we would like to keep this initiative moving! If you have thoughts, please let us know.



ΣNETT - THE 25TH ANNIVERSARY OF OUR HOUSE DEDICATION - ΣNETT

Save the date! Our 2014 Homecoming Celebration is **October 9-12, 2014!** Our own GSU Eagles will be playing University of Idaho on **Sat., Oct. 11**th. This year is the <u>25th Anniversary of Chapter House & its Rededication!</u>
For more information go to: SigmaNuGSU.com/homecoming or our event site on Facebook.



ΣNETT - OUR BROTHERS - OUR CHAPTER - OUR TIME - THEIR FUTURE - ΣNETT

Sign-Up to be an Alumni Mentor! If you are looking for a way to make an impact on our young men, but can't travel to Statesboro or be an advisory team member, please take a look at possibility of becoming an "Alumni Mentor" (Alumni Big Brother) at Theta Kappa. Please go to: SigmaNuGSU.com/alumni-mentor for information.



ΣNETT - OUR BROTHERS - OUR CHAPTER - OUR TIME - THEIR FUTURE - ΣNETT

How can I help? <u>How can I get involved?</u> These are questions we get asked a lot by alumni and parents. It is simple as we are always looking for volunteers. We have created a page with suggestion of some high impact ways you can help without living in Statesboro. Please go to: <u>SigmaNuGSU.com/how-can-i-get-involved</u>.

Search for the Facebook Group: Sigma Nu - Georgia Southern - Theta Kappa or SigmaNuGSU - Join the Facebook Group & Website!



Georgia Southern Officer of Fraternity & Sorority Relations Sigma Nu Fraternity – Theta Kappa Chapter (#171) Fall 2013 GSU Greek Awards





Theta Kappa Awards

4 Star Chapter, Campus Involvement, Public Relations, Most Improved GPA

Spring 2013 Awards

Outstanding Charitable Fundraiser, Top Fundraiser GSU Relay for Life

The GSU Greek Awards before being handed out at Fall 2013 Greek Awards Banquet.



Council members at the Greek Awards (L to R): Anderson Johnson (Θ K 798, Sentinel), CJ Deputy (Θ K 797, Marshal), Adam Clay (Θ K 810, Recruitment Officer), Brian Griffin (Θ K 759, LEAD Officer), and Carlos Robelo (Θ K 758, Treasurer). Not pictured: Tyler Schulte (Θ K 718, Lt. Commander) and Evan Winebarger (Θ K 754, Commander). Congratulations to the entire chapter for a great semester!



Campus Recognition

Adam Clay (Θ K 810, new Marshal) is sworn in as IFC VP for Recruitment for 2013-14.Adam just completed his first office as the Recruitment Officer for Θ K.

Theta Kappa captures 4 awards at GSU Greek Awards Banquet on Thu., Nov. 21st.

The Chapter adds these awards to the GSU Leadership Award for Outstanding Charitable Fundraiser and Top Fundraiser for the GSU Relay for Life in Apr-May 2013.





Thursday, November 21, 2013



Sigma Nu Fraternity – Theta Kappa Chapter (#171) 2013-14 Officer Transition & Installation







Outgoing Commander (#43), **Evan P. Winebarger**, **OK 754**, a senior from Lilburn GA, installs and passes the gavel to Incoming Commander (#44), **Eric D. Degen**, **OK 811**, a sophomore from Canton GA. Thank you and best wishes to Evan! Congratulations and best wishes to Eric!



Outgoing Chapter Council (L to R): Adam Clay (Θ K 810, Recruitment Officer), Carlos Robelo (Θ K 758, Treasurer), Tyler Schulte (Θ K 718, Lt. Commander), Evan Winebarger (Θ K 754, Eminent Commander), Brian Griffin (Θ K 759, LEAD Officer), CJ Deputy (Θ K 797, Marshal), and Anderson Johnson (Θ K 798, Sentinel). Congratulations to this team and the entire chapter for a great semester! Thank you and best wishes to an outstanding and successful officer leadership team.



Incoming Officers (L to R): Nick Efird (ΘK 819, LEAD Officer*), Adam Clay (ΘK 810, Marshal*), Ryan Nay (ΘK 819, Treasurer*), Eric D. Degen (ΘK 811, Eminent Commander*), CJ Deputy (ΘK 797, Lt. Commander*), Jon Gilbert (ΘK 819, Sentinel*), Anderson Johnson (ΘK 798, Chaplain), Josh Calhoun (ΘK 804, Recorder), Brandon Entrekin (ΘK 811, Social Chairman), and Justin Mahler (ΘK 759, Recruitment Officer*). Congratulations to this entire team on their new positions of leadership at the Theta Kappa Chapter; best wishes for a successful and outstanding year. (*Indicates Chapter Council.)



Leadership



Ethics



Achievement



Development



LEAD PROGRAM: INTRODUCTION DEFINITIONS

DEFINITIONS

THE MISSION OF SIGMA NU FRATERNITY, INC.

To develop ethical leaders inspired by the principles of Love, Honor and Truth.

To foster the personal growth of each man's mind, heart and character.

To perpetuate lifelong friendships and commitment to the Fraternity.

THE VISION OF SIGMA NU FRATERNITY, INC.

Excelling with Honor

The words Leadership, Ethics, Achievement and Development all have a special meaning in this program.

Leadership means having a vision, a sense of direction. It also means being able to focus that direction on special ways to get you there. It includes helping others to have influence, power and initiative to support making the "trip" successful.

Ethics for us means putting Love, Honor and Truth into practice in every aspect of our life.

Achievement includes setting high standards of excellence for one's own performance, being strongly motivated through personal goals and wanting feedback to correct the course of our endeavors.

Development has the special meaning of commitment to continuing improvement for self, others, chapter and the General Fraternity. We may not be perfect, but we should strive to reach our fullest potential.





LEAD is Sigma Nu's award-winning ethical leadership development program. In alignment with Sigma Nu's continuing efforts "To develop ethical leaders..." we offer the LEAD Program as a tool to assist our membership in both gaining the knowledge and developing the skills and abilities needed to be an effective and ethical leader for life.

The LEAD Program is a comprehensive ethical leadership development, program designed to ensure participants "learn by doing." We encourage all our collegiate chapters to utilize our LEAD Program to the fullest extent possible.

This section is a compilation of all the information and resources needed to fully implement our LEAD Program. Whether you are a collegiate member with a specific question about a specific session, an alumnus interested in going through the online sessions, a guest facilitator looking for session materials or parent just looking to become more involved with the Fraternity, this is a great place to start.

Similar to Sigma Nu's *Digital Delta*, the online component of the LEAD Program is an interactive; self-paced experience designed to meet the unique needs and learning styles of our collegiate members.

For the past several months we have been working to update and redesign the presentation of Phases I-IV of the LEAD Program. This redesign was undertaken to improve the quality and impact of the membership development experiences and opportunities provided to our membership.

The redesigned presentation of the LEAD Program breaks sessions into two (2) equally important and distinctive components.



- Online portion: Accessed via the Members Area and completed by students on an individual basis.
 Participants login and complete the online portion of each session prior to attending the facilitation. During the online portion, participants engage the session content in an interactive format that includes videos, audio voiceovers, activities, handouts, journaling exercises and quizzes.
 - Participants print all relevant handouts from the online portion to bring to the facilitated portion.
 - Completing this portion of the session provides a knowledge base that the participants relate to and build
 upon in the facilitated portion.
- Facilitated portion: Completed in a workshop/discussion setting which is attended by all phase participants. Participants attend the facilitated portion of the session. This should be scheduled and announced in advance to allow time for participants to engage the online portion of the session.
 - Completion of the online portion builds a base of knowledge from which participants can relate to the interactive, hands-on, and application approach of the facilitated portion.

5QUESTIONS Vice Regent John Hearn (Georgia)

What is ethical leadership?

Ethical leadership is motivating a group of individuals to achieve a noble goal through honorable means.

2 What are the characteristics shared by excellent chapter officers?

The officers with whom I've worked who have had the most success are those who lead by example with vision and courage. They set a noble vision - one that's honorable and begins with the end in mind. They communicate it relentlessly and, in the process, develop followership with others to help accomplish the goals. These inspiring leaders establish a "softaccountability" culture and they cordially follow through on the commitments of others, seeking respect rather than popularity. Through these things - leading with vision and courage - they'll achieve mutually developed and agreed upon outcomes.

13 How can fraternities stay relevant over the next ten years and beyond?

If you were to poll every fraternity in the U.S. about why someone should join their organization, the vast majority of those individuals would use the term "brotherhood" in their answer. Brotherhood is absolutely something we want to embrace and foster; however, our message must be broader. People "buy" differences, and we must show how we are uniquely relevant in the 21st Century. We must articulate Sigma Nu's value proposition as providing an unparalleled return on investment. We must provide examples of

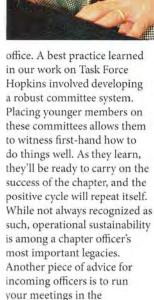
the life skill and leadership development opportunities offered by Sigma Nu. We must focus on our rich heritage and, more importantly, why our future is brightest. And, yes, we must share personal stories of our brotherhood, one that is uniquely, a brotherhood for life.

4 What advice would you offer to a collegiate member trying to eliminate hazing in his chapter?

Hazing is incongruent with the founding of Sigma Nu Fraternity. The first decision a newly elected young leader must make is whether or not they are going to tolerate what is dishonorable. That decisionof-the-mind should then be bolstered by a buy-in from the executive committee. Once the leadership has adopted that principal, everyone will need to lead with courage to stop the behavior. Finally, don't be afraid to leverage the resources from alumni - one who has been in your shoes and is willing to be the heavy hand. Stopping less than honorable activities all starts with one brave person one willing to say, "We're not going to do this."

5 Any additional advice for chapter officers?

A chapter has 100% turnover every four years, thus no chapter is ever more than four years away from success or four years away from failure. Chapters must remain focused on that dynamic to ensure sustainability. Leverage in this area often comes from recognizing you can't do everything by yourself. Empowering future leaders with responsibilities helps ensure no vacuum is left following your transition out of



following fashion:

- 1) Establish an agenda for every meeting.
- 2) Establish a timeline for the meeting.
- 3) End each meeting with a summary of the action items discussed, who is responsible for each action item, and the date each item will be accomplished.

The subsequent meeting should include a status review of the previously made commitments from the team. Leaders who follow this simple process will better accomplish goals, empower others and achieve a great deal during their term. *





ΣNETT – OUR BROTHERS – OUR CHAPTER – OUR TIME – THEIR FUTURE – ΣNETT

Theta Kappa Alumni Mentor Program (Alumni Mentor & Big Brother Program)

men·tor [men-tawr, -ter]

noun

- 1. a wise and trusted counselor or teacher.
- 2. an influential senior sponsor or supporter.

verb (used without object)

3. to act as a mentor: She spent years mentoring to junior employees.

verb (used with object)

4. to act as a mentor to: The brash young executive did not wish to be mentored by anyone.

Origin: 1740–50; after Mentor (< Greek Méntōr)

Related forms: men·tor·ship, noun

Synonyms: adviser, master, guide, preceptor.

The Theta Kappa Alumni Mentor Program is a novel and dynamic component of our future Chapter and our Brotherhood Development model — it is designed to augment our Candidate Education Process, the brotherhood experience, and the LEAD Program as well as differentiate our chapter at GSU. The spirit would be similar to the Big Brother/Little Brother Program, which we are all familiar with from when we were in school. To be honest there is a little of the Big Brother/Little Brother in this to create a stronger bond between alumni and undergraduate, while at the same time providing meaningful career insight longer term. It provides an opportunity for alumni to mentor a collegiate brother with similar majors and/or career aspirations and build a deeper friendship with an undergraduate member. To our knowledge, no other chapter at GSU offers such a development tool to its active members. Theta Kappa Alumni from around the country have responded to the call for volunteers and will begin to actively participate in the program as it matures.

The purpose of the "Alumni Mentor Program" is to:

- Provide collegiate brothers with a mentor from the chapter alumni ranks.
- Augment the collegiate Big Brother role with experienced alumni big brother.
- Provide guidance on Fraternal, Collegiate & Career development that will assist the young man develop his full potential.
- Provide "industry" context for fields that collegiates are interested in that go far beyond the academic aspects of university life.
- Strengthen the connection between collegiates and alumni of the Theta Kappa Chapter.
- We are trying to go outside of the Alumni Advisory Board and the House Corporation to engage a wider group of alumni.
- The Theta Kappa Alumni Mentor Program demonstrates dedication to the future success of Theta Kappa's Active Chapter. Modeled after the Mu Chapter's program, which was designed to:
 - o Pair actives with designated approved alumni in a similar career path

- o Provide opportunities for Theta Kappa and Sigma Nu Alumni to spend time (either on the phone or in person) with actives who have expressed a strong interest in a particular career path or leadership arena.
- o In an ideal scenario (this is not always possible, but these are our goals) alumni mentors and undergraduate mentored members will be paired based on:
 - A strong desire to volunteer and/or be mentored.
 - Desired career path or projected career industry.
 - Comparative degree programs and course of study.
 - Geographical proximity to hometown or Statesboro.
 - Available pool of alumni volunteers for this program.
 - Prior experience in the program or volunteering with Theta Kappa.

The requirements of the "Alumni Mentor Program" are:

We envision is periodic conversations on the phone, text or email with possible face-to-face visits, if travel is already planned, offering practical advice on collegiate studies with "real life" career planning and preparation for a collegiate going into the working world.

- The program requirements are what you make of it and we are looking for feedback. We anticipate the following:
 - o Professional career advice with "real life" experience.
 - o Periodic Phone Calls (at least monthly).
 - o Possible visits to GSU or visits on breaks (optional).
 - o Possible visits to company office or corporate locations (optional).
 - o Possible short internships or introductions to the company (optional).
 - o Possible professional industry periodical or article reading assignments.
 - We believe it is whatever makes sense and will vary by course of study, career, industry, or the members involved – we believe the mentor team is the best to decide that.
 - We seek to proof out the concepts, then formalize those processes that work, and continuously evaluate and improve the program as well as the experience.
- All parties agree to abide by The LAW of Sigma Nu Fraternity, Inc., the Risk Reduction Policy and Guidelines of Sigma Nu Fraternity, Inc., the Theta Kappa Bylaws, and sign a "Sigma Nu Alumni Code of Conduct & Affirmation of Policies" agreement.

This program will be discussed during Rush events, will be reviewed with undergraduate chapter, and will be presented to the new candidate parents on the initial "Parents' Call" we conduct each semester.

For more information or to sign-up go to: http://www.SigmaNuGSU.com/alumni-mentor.

Theta Kappa Program Advisors:

- Mike Thurman, ΘK 328; Phone: 770-876-0475 (M); mikethurman13@gmail.com.
- Michael Singletary, ΘK 744; Phone: 478-494-6761 (M); mlsinglet@gmail.com.
- Larry Sands, OK 325; Phone: 912-210-7646 (M); lsands@valleycrest.com.

To provide your thoughts, suggestions, or ideas on this program, please contact one of the program advisors or send an email to: alumni@SigmaNuGSU.com.

Thank you in advance for your consideration and dedication to the Theta Kappa Chapter and Sigma Nu Fraternity. We recognize everyone has a lot going on in their life, so this just adds to it, but based on the feedback and the enthusiasm from the chapter we believe it has unlimited potential.

Sigma Nu Fraternity

Theta Kappa Chapter – Georgia Southern University

Sigma Nu Alumni Code of Conduct & Affirmation of Policies

I,	of or affiliated with the Theta Kappa Chapter of Sigma Nu
Fraternity, on my Honor as a Knight and a Gentleman,	do solemnly swear to abide by and uphold The Law of
Sigma Nu Fraternity, the Risk Reduction Policy and Gu	uidelines, The Ritual, the chapter bylaws, the officers and
advisors of my chapter, and the directives of the Grand	and General Officers of the Fraternity. Further, I will:

- 1. Understand and subscribe to the Objects of Sigma Nu Fraternity they are:
 - a. HONOR. To govern each act by a high sense of honor
 - b. FRIENDSHIP. To bind together all members by ties of true and lasting friendship (brotherhood)
 - c. ASSISTANCE. To protect, assist, advance, and encourage each other by every honorable means
 - d. UNITY. To have plans for guidance and unity in action
 - e. COMMUNICATION. To gather, to propose, discuss and agree upon these plans at meetings
- 2. Respect the dignity of all persons; therefore, I will not physically, psychologically or sexually abuse or haze any human being. I understand and support Sigma Nu Fraternity's founding against and continued vigilant opposition to hazing. I will protect the health and safety of all human beings.
- 3. Respect my property and the property of others; therefore, I will neither abuse nor tolerate the abuse of property including the chapter house.
- 4. Acknowledge that a clean and attractive environment is essential to both physical and mental health; therefore, I will do all within my power to see that the chapter's property is well maintained, cleaned and respected.
- 5. Neither use nor support the use of illegal drugs; I will neither abuse nor support the abuse of alcohol.
- 6. Fully support Sigma Nu Fraternity Inc.'s Risk Reduction Policy and Guidelines.
- 7. Abide by the rules and policies of Georgia Southern University.
- 8. Understand and enforce the fraternal, financial, and academic obligations as well as the code of conduct expected of undergraduate members. I agree to abide by those and set the example for others.
- 9. Confront all of my Fraternity Brothers, alumni, undergraduates, and candidates who violate these fundamental obligations and promise to report violations to the appropriate officers of the Fraternity.

I am forever committed to the objects and ideals of Sigma Nu Fraternity, and I fully realize and understand that my continued association with the Theta Kappa Chapter and membership in Sigma Nu Fraternity depends upon my actions and deeds. I also realize that my own violations of the principles, ideals, and this agreement will subject me to suspension and/or expulsion from Sigma Nu Fraternity. Copies of the aforementioned policies may be obtained at www.SigmaNu.org, our website at www.SigmaNu.org, from the Commander, or by contacting the HQs staff at 540-463-1869.

Signature:	a lu V	Mar.	
Printed Name:			
Date:			



Sigma Nu Fraternity – Theta Kappa Alumni Information Sheet



We continue to build our alumni database as part of an overall improvement initiative. Please fill this information out as best as possible as it may assist us in locating other alumni. Please register at www.SigmaNuGSU.com/register as well.

Full Name:			_		
	(First Name)	(Middle Name	e)		(Last Name)
		☐ Theta Kappa			
	(Nickname)	(Initiate Chapter & N	Number)	(Other Sig	ma Nu Chapter & Initiate #)
Home Address:	☐ Home Address / ☐ Other Address / Not	re: Ph	none:		
Street:		Mo	obile:		
City:			mail:		
State:	Zip:	Birth I	Date:	/	
Work Information:	☐ Work Address / ☐ Other Address / Note	es:	Hom	e Office	Retired
Company:		Pos	ition:		
Address 1:					
State:	Zip:	E	mail:		
Assistant or Notes:					
What is your prefe	rred email address for correspondence?				
	Spouse's Name: Sigma N				
Children (w/ages):	(If you have a sor	n(s) we would like to know the	ir DOBs for legacy	tracking)	
Parent's Name/Info:	(ii you nave a soi				
Street:					
Street.	(We maintain parent's/permanent address inf			d prevent then	n from becoming "lost")
Chapter Information:		N	lame of Predece	ssor	Name of Successor
Offices Held:	Year	s:			
	Year	s:			
Or Alum offices held:	Year				
			ite with your Big	Brother?	Little Brother(s)?
	(s) that you maintain a close relationship with				
College Information:	Degree/Major:			Grad ¹	Year:
	Sports/Clubs/SGA:				Vork:
News to share:					
Check box for "Yes"	answer: Are you Facebook? 🔲 / Our Faceboo	ok Group? 🗌 / Our Linked-	In? / Registe	red on <u>www.</u>	sigmanugsu.com?

Please fax to: 404-478-8887 or email to alumni@sigmanugsu.com.

Information about our Alumni Database & where to find us...

Theta Kappa maintains an alumni database in addition to the Sigma Nu Fraternity HQs database. The reason we do this is probably obvious, but worth restating – Sigma Nu has over 200,000 alumni and we have less than 1000; no one needs our chapter alumni information like we do, so we need to manage and look after it like no other can as we connect with our alumni through a variety of sources. We do share updates periodically with the Sigma Nu Fraternity HQs (usually quarterly), so they are getting your updates and your fraternity record is updated.

We have 3 basic sources (we manage) where you can find information, what is going on, and where people are:

- <u>Facebook</u> we have a group called "Sigma Nu Georgia Southern Theta Kappa"; if you are not already a member consider joining this group so you can keep up with our alumni chapter, brothers, and friends. You can then add members as personal friends and get the normal Facebook updates on them. The site is: http://www.facebook.com/groups/sigmanugsu/.
- <u>Chapter Website</u> this is located at www.sigmanugsu.com (place on your safe list); it is a repository for chapter/alumni information and events. It is basically a tool that puts us on the web that helps us manage chapter and alumni operations beyond Facebook. You can sign up for notifications, search for other alumni, and it has a personal "dashboard" (once you sign in) that gives a snapshot of what is going on.
- <u>Alumni Database</u> this is managed behind the scenes and we use for keeping up with our members, alumni, and friends. We try to incorporate updates we see on Facebook and the website, but the best way to update us is through the enclosed "alumni information update". We exchange this information and the address information we gather with the Sigma Nu Fraternity HQs staff, so they can update you as well.

If you have question or updates please contact us at alumni@sigmanugsu.com.

LEAD – Looking for facilitators – consider volunteering!

Our Chapter implemented Sigma Nu's groundbreaking LEAD (Leadership, Ethics, Achievement, & Development) Program and is excited about the prospects it brings. In order to increase the value to the membership and chapter, they are looking for alumni and faculty facilitators to assist. Several alumni have already volunteered to assist in the development of our young men. In 2011-12 we started utilizing GSU's City Campus/E-Zone for LEAD which is one of the benefits of being a founding and continuing sponsor of the E-Zone.

<u>LEAD – Phase 1</u>		
 1. Fraternity 2. History 3. Leadership & Working in Groups 4. Sigma Nu Organization & Operations 5. Risk Reduction 6. Values 	 7. Ethics 8. Leadership: The Basics 9. Project Management 10. Ritual: The EndThe Beginning 11. Community Service (Optional) 12. Time Management (Optional) 	
The LEAD program has prepared facilitator manuals, handouts, audio/visual materials, a web interface, on-line exams/quizzes, and handbooks. For volunteer facilitators there is a website and on-line materials to help you prepare. LEAD Phase 1 is designed for the candidate period; LEAD Phases 2-4 are for follow-on years in school – all designed to prepare members to be better brothers, leaders, citizens, and for the world of work.		
For more information on LEAD please visit the chapter website (www.sigmanugsu.com), Sigma Nu's LEAD site at http://www.sigmanu.org/programs/lead/index.php or www.sigmanu.org . If you are interested in learning more or possibly facilitating, please fax this to 404-478-8887, email a note to alumni@sigmanugsu.com , or contact our LEAD Advisor on the AAB, alumnus Larry Sands , ThK 325, at 912-210-7646 or lsands@valleycrest.com .		
I am interested in helping with LEAD at GSU! Email:	Name: Phone:	